

# DF308 MULTI PRESS

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

## KEY FEATURES

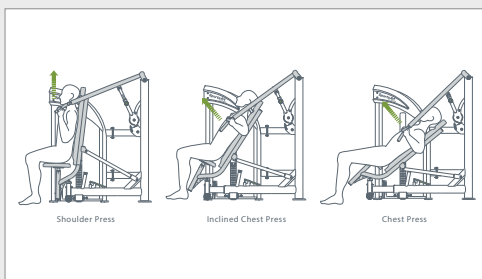
- Multi-position grip for improved biomechanics
- Adjustable starting position targets different muscle groups
- Plate increments: 20 x 11 lbs (5 kg)
- Innovative slide-out seat offers multiple lifting positions



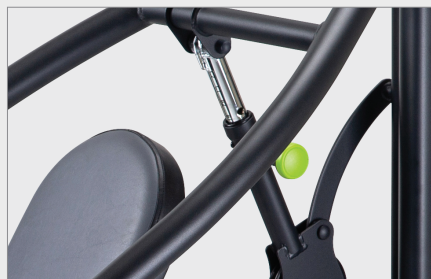
## TECHNICAL DETAILS

<b>Unit Weight</b>	500.5 lbs / 227.5 kg
<b>Dimensions (LxWxH)</b>	55.7 x 56.6 x 65.1 in / 141.4 x 143.8 x 165.4 cm
<b>Weight Stack</b>	220 lbs / 100 kg
<b>Max User Weight</b>	500 lbs / 227 kg
<b>Starting Weight</b>	20 lbs / 9 kg
<b>Features</b>	<p>5 inch deep groove POM pulleys provide consistent cable tracking</p> <p>14-gauge machine welded frame</p> <p>Stainless steel guide rods resist rust and maintain smooth operation</p> <p>Heavy-duty marine grade cushions</p> <p>Multiple adjustment points for maximum customization</p>

## NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience



Back rest adjustment knob easily changes angle for shoulder press, incline chest press and chest press exercises



Stacks feature sound dampeners and magnetized selector fork for maximum stability