



## G690 TREADMILL

Verde is the industry's first treadmill capable of harnessing human power and converting it to utility grade electricity. The sleek, non-motorized design combines supremely low friction and flat-slat belt to create an approachable unit that feels remarkably natural and comfortable. Utilizing both mechanical and electrical braking systems the Verde allows walking, jogging, running, sprinting or sled pushing features that cater to a broad spectrum of users, from deconditioned to elite athletes and is capable of capturing up to 200 Watts/hour of energy.



TECHNICAL DETAILS		
Unit Weight	567.6 lbs / 258 kg	
Dimensions (LxWxH)	84.1 x 35.6 x 65.2 in / 213.6 x 90.5 x 165.5 cm	
Running Area (LxW)	58 x 21 in / 147.32 x 53.34 cm	
Speed Range	2–15 mph / 3.2–24 kph	
Incline	4° fixed incline	
Drive Motor	N/A	
Power Requirements	230v / 50Hz / Input: 35 / Output: Max 200w	
Max User Weight	330 lbs / 150 kg	
Readouts	Calories, Time, Distance, Cal/HR, Mets, Pace, Human Watts, Heart Rate, Your Speed, Target Speed, Resistance, Instant Watt To Grid	
Workout Mode	Run/Push	
Goals	Time, Distance, Calories, Watt-Hour To Grid	
Features	Slatted belt increases feel and comfort while exercising Elegant LCD display easily portrays key data readouts Accommodates walking, jogging, running, sprinting, and sled-pushing Sled-push mode with multiple levels of resistance Non-motorized 3-speed fan Watt-hour to grid goal Hybrid mechanical/electro-magnetic braking system	

WARRANTY*		
Frame	Lifetime**	
Generator	Lifetime**	
Parts	5 Years	
Wear Items	5 Years	
Track Pad/12v Battery/Brake Pad	2 Years	
Labor	3 Years	
High Wear Items	90 days	

