

DF304

PEC FLY/REAR DELTOID

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

KEY FEATURES

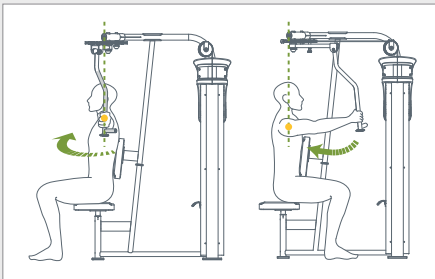
- Multiple starting adjustment points
- Ergonomic handle for both pec fly and rear deltoid exercises
- Plate increments: 8 x 11 lbs (5 kg); 8 x 16.5 lbs (7.5 kg)
- Adjustable seat



TECHNICAL DETAILS

Unit Weight	411.4 lbs / 187 kg
Dimensions (LxWxH)	51.2 x 30.6 x 76 in / 130 x 77.6 x 193 cm
Weight Stack	220 lbs / 100 kg
Max User Weight	500 lbs / 227 kg
Starting Weight	5.5 lbs / 2.5 kg
Features	<p>5 inch deep groove POM pulleys provide consistent cable tracking</p> <p>14-gauge machine welded frame</p> <p>Stainless steel guide rods resist rust and maintain smooth operation</p> <p>Heavy-duty marine grade cushions</p> <p>Multiple adjustment points for maximum customization</p>

NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience



Stacks feature sound dampeners and magnetized selector fork for maximum stability