MS-101

## SELECTORIZED MULTI-STATION

Maximize workout options and floorspace with the MS-101 from SportsArt. This versatile and durable 4-stack strength machine comes standard with a cable tower. The remaining three stations can be configured however you want-choosing any combination of cable tower, tricep pushdown, dual lat pulldown or low row. Connect to another MS-101 for eight stations or connect to the MS-101 Cable Tower Plus for a five-station option. Features include 220lbs ( 100 kg ) weight stacks, magnetic selector forks, adjustable pulley height, large nonskid footpads and adjustable thigh pads.


| TECHNICAL DETAIL |  |
| :---: | :---: |
| Total Unit Weight^ | 1365.5 lbs / 620.7 kg |
| Total Dimensions^ (LxW×H) | $132.36 \times 107.36 \times 104.41 \mathrm{in} / 336.2 \times 272.7 \times 235.2 \mathrm{~cm}$ |
| Weight Stacks | $220 \mathrm{lbs} / 100 \mathrm{~kg}$ |
| Max User Weight | $500 \mathrm{lbs} / 227 \mathrm{~kg}$ |
| Station Unit Weights | Low Row: $300.9 \mathrm{lbs} / 136.5 \mathrm{~kg}$ <br> Lat Pulldown: $316.36 \mathrm{lbs} / 143.5 \mathrm{~kg}$ <br> Tricep Pushdown: $281.1 \mathrm{lbs} / 127.5 \mathrm{~kg}$ <br> Cable Tower: $300.9 \mathrm{lbs} / 136.5 \mathrm{~kg}$ |
| Station Dimensions | Low Row: $63.31 \times 25.79 \times 81.38 \mathrm{in} / 160.8 \times 65.5 \times 206.7 \mathrm{~cm}$ <br> Lat Pulldown: $43.89 \times 27.24 \times 90.67 \mathrm{in} / 111.5 \times 69.2 \times 230.3 \mathrm{~cm}$ <br> Tricep Pushdown: $36.81 \times 12.75 \times 92.60 \mathrm{in} / 93.5 \times 32.4 \times 235.2 \mathrm{~cm}$ <br> Cable Tower: $31.22 \times 23.70 \times 85.47 \mathrm{in} / 79.3 \times 60.2 \times 217.1 \mathrm{~cm}$ |
| Features | Comes standard with a cable tower with remaining three stations can be configured with any combination of cable tower, tricep pushdown, dual lat pulldown or low row <br> Connect to another MS-101 for eight stations or connect to the MS-101 Cable Tower Plus for a five-station option. <br> Magnetized stack-fork with retracting tether makes for instant, secure selection of weights <br> Deep-groove, 5 inch shrouded pulleys provide faultless cable tracking <br> Cold rolled steel weight stacks with noise dampening <br> Stainless steel guide rods resist rust and stay smooth <br> Internally lubricated 1,500 lb. steel aircraft cables provide quiet, smooth operation |

